Appendices

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Appendix A: Existing Trail Network Map
Appendix B: City Priority Trails Map
Appendix C: Neighbourhood Trail Plan Maps
Above the Airport (ATA) Trail Plan Map – 2013

**Please note that this map is conceptual; a final map will be produced once implementation is complete.**

Thank you to Peter Long of whitehorsewalks.com for mapping assistance!
Appendix D: Sample Trail Etiquette Guides

Bridge River Valley “Trail Etiquette Guide”:
https://bridgerivervalleytrails.ca/trail-etiquette/

Outdoor Recreation Council of BC’s “Trail User’s Code of Ethics”:
TRAIL ETIQUETTE

Rules of the Trail

* Cyclists yield to Hikers and Horses
* Hikers yield to Horses
* Motorized vehicles yield to all other users

General Etiquette

**Respect:** It’s simple. If you offer respect, you’re more likely to receive it. Most friction on the trail can be avoided with this simple rule.

**Communication:** Part of the respect. Let people know you’re there, before you surprise them. This doesn’t mean be loud and obnoxious on the trail, simply don’t startle people. A smile and “Hello” go a long way.

**Use Open Trails:** Respect trail and road closures — ask a land manager for clarification if you are uncertain about the status of a trail. Do not trespass on private land. Obtain permits or other authorization as required.

**Leave No Trace:** Be sensitive to the dirt beneath you.
* Wet and muddy trails are more vulnerable to damage than dry ones. When the trail is soft, consider other riding options.
* Stay on existing trails. Don’t cut switchbacks.
* Ride, don’t slide.
* Pack out at least as much as you pack in.

**Travel responsibly and in control:** Inattention for even a moment could put yourself and others at risk. Bicycles and motorized machines should obey all speed regulations and recommendations, and ride within your limits. Walk in single file when traffic or trail dictates.
Yield Appropriately: Do your utmost to let your fellow trail users know you're coming — a friendly greeting or bell ring are good methods. Try to anticipate other trail users as you go around corners. Follow the rules in the sign above. In general, strive to make each pass a safe and courteous one. Common sense will go a long way.

Never Scare Animals: Animals are easily startled by an unannounced approach, a sudden movement or a loud noise. Give animals enough room and time to adjust to you. When passing horses, use special care and follow directions from the horseback riders (ask if uncertain). Running cattle and disturbing wildlife are serious offenses.

Smile!: Sounds to simple, but you're out on a trail to have fun, so take a moment when you meet someone to smile and say "Hi". Out on the trail, if things go badly, it helps to have friends.

Avoid Spreading Seeds: Help keep weeds out of our forests. Noxious weeds threaten our healthy ecosystems and livelihoods. Stay on trail, drive on designated roads, use weed seed free hay, check your socks, boots, bikes, ATV's or horse tails for hitchhikers when you get back to the trailhead. Let's keep our forests free of invasives.

Be Informed: It's YOUR responsibility to be “in the know.” Questions about where to ride, trail closures, outdoor ethics and local regulations are important to know before you head out on the trails. Contact your local land manager if you are unsure about what you can and can’t do in a given area.

Give Back: Trails don’t maintain themselves. Get involved with your local trail club and help out on trail days. Pack a folding saw and trim back the branches you have to duck or climb over.

Safety
* Know your equipment, your ability and the area in which you are riding and prepare accordingly.
* Strive to be self-sufficient: keep your equipment in good repair and carry necessary supplies for changes in weather or other conditions.
* Always wear a helmet and appropriate safety gear.

Rules based on IMBA standards.

Mountain Bikers
Dirt Bikers
All Terrain Vehicles
Horse Back Riders
Hikers/Runners
Trail Use with Dogs
Snowmobiles
XC Skiing
Fat Bikes
BC Parks Etiquette
Range Animal Etiquette
...
Respect the Land and the Environment

Preparation
• Check with local land managers or agencies ahead of time for trail conditions or closures.

On the trail
• Stay on established trails and don’t cause trail braiding or carve out short-cuts on switchbacks.
• Respect private property and “No Trespassing” signs.
• Use existing bridges and structures to cross streams and don’t make new ones.
• Remember wetlands are very sensitive and so should be avoided.
• Respect wildlife.

Overall
• If you pack it in — pack it out!
• Use appropriate sanitary procedures at least 100 metres away from rivers, streams or lakes (see Back Country Sanitation, a brochure of the Outdoor Recreation Council).

The Trail User’s Code of Ethics

How to minimize your impact on the environment and other trail users

1. Common Sense
2. Communication
3. Courtesy

Whether they are hikers, mountain bikers, horse riders or quad riders, trail users are increasingly sharing trails. And with the increased use of trails there is an increasing level of public concern for the environment in which they travel.

Dangers can exist when different types of user share the same trails. If all trail users are prepared for encounters with other types of user and if they tread lightly, they will help to reduce trail conflicts and environmental damage. In that way they will make everyone’s time outdoors safer and more enjoyable.

To order more copies of this brochure, contact:
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Outdoor Recreation Council of British Columbia
Trail Ethics
The Three C’s: Common Sense, Communication & Courtesy

1 Common Sense: Common sense begins with planning your trip and continues when you encounter others on the trail. Although a trail user's protocol normally calls for the most mobile person to yield the right of way, it is important to assess the situation and use common sense to decide who can get out of the way most easily. Cyclists need to realize that equestrians and hikers may not hear them approaching so they should be prepared to make themselves heard. Hikers should give way to cyclists climbing a steep hill.

2 Communication: A friendly word of greeting for equestrians by hikers and cyclists reassures their horses and alerts them to your presence. By chatting with other trail users you can warn them of dangers or adverse conditions on the trail ahead. You can also tell them about interesting or attractive natural features ahead. If you are leading a large group on a narrow trail it is a good idea to let others know so they can take appropriate action. Peer group policing is everyone's responsibility and if you see someone acting irresponsibly in the back country you should warn them of the potential consequences of their actions.

3 Courtesy: Above all, treat all other trail users with respect and courtesy. Trail conflicts can occur when people forget the golden rule! Treat others as you would like to be treated yourself!

Hikers
Stay on the trail
- Whenever possible use existing trails to avoid trail braiding and other damage to the adjacent habitat.
- Avoid leaving traces such as rock piles or marked trees.

In the alpine
- Groups crossing meadows should spread out to avoid carving out unnecessary trails.
- Walk on rocks or snow as much as possible to avoid damaging vegetation.
- Alpine vegetation is delicate and takes a long time to grow again when damaged.

Meeting horse riders or pack horses
- Exchange greetings with the riders or stockmen to calm the horses.
- Be prepared to step off the trail on the lower side if possible to make way for the horses.
- Keep at least two to three metres clear of the horses so they can pass.
- Face the horses to hide your backpack which could spook a horse.

Mountain Bikers
Anticipate
- Expect to encounter other trail users and be ready for them especially on blind curves.
- Slow down in good time to avoid sudden encounters with equestrians or hikers.

Meeting horse riders or pack horses
- When you meet horses stop, get off your bike, take off your helmet and exchange greetings with the riders so the horses can see you are a human.
- Be prepared to get off the trail on the lower side to let horses past because horses are less likely to be spooked by something below their eye level.
- Keep a distance of three metres or more between you and the horses.

On the trail
- Stay on designated trails to avoid damage to the environment.
- Avoid using trails when conditions are wet and muddy to prevent erosion and channelling of rainwater.
- Avoid sliding round curves which can destroy the tread of the trail.

Quad Riders
Speed
- Keep your speed below 20 k.p.h. when travelling within 30 metres of a non-motorized trail user.
- Do not spin your tires to avoid damage to the trail.
- Avoid creating dust and noise when passing other trail users.

Meeting other trail users
- Yield the right of way to horses, bikers and hikers.
- When approaching horses stop your vehicle, remove your helmet and exchange greetings with the riders or stockmen so the horses can see you are a human being.
- When travelling downhill give way to others going uphill.
- When travelling in a group avoid blocking the trail.