

Whitehorse Kids' Triathlon

Saturday June 8, 2024 starts at 9:30am

Note: It is your responsibility to see that bikes and helmets are in good working order. Bike inspection is not mandatory but recommended. Be sure to check your child's helmet before race day. Helmets must be buckled during the bike portion of the event, including in the transition zone.

Race Day Check List

Be sure to get a good sleep and eat a good breakfast. You will need fuel for your race. Pack your gear the night before the race. Arrive EARLY – it is going to take time to park and walk to the race site. Stay hydrated throughout the race and go at your own pace.

- Bike drop off 7:30 am - 8:45 am ONLY** - transition area (T2) Run/Bike. The area for bikes will be marked by bib numbers and age.
- Arrive dressed (swim suit on) and ready to participate
- Swimsuit
- Goggles - optional
- Towels
- PFD - if needed
- 5-year-old support person has all necessary equipment for themselves including swim attire
- Water bottle
- Hat
- Mittens, toque, buff if weather is cold
- Sunscreen - Do not forget to apply it on race day
- Race bib pinned on the FRONT of shirt. Bib # needs to be visible. – Please don't forget as we do not have extras**
- Shirt and extra clothing depending on weather conditions
- Running shoes (no crocs or sandals)
- Bicycle - suitable for uneven ground
- Helmet - CSA approved with chinstrap
- Bike # stickers – somewhere visible on the frame - Please don't forget as we do not have extras**

Participants must complete the entire course.
Any participant who does not cross the finish line is considered a missing child.
If your participant cannot complete you must check-out at the finish line before leaving.

*We are looking for **VOLUNTEERS!***

To sign up, visit whitehorse.ca/play (course ID 50387) or email volunteer@whitehorse.ca with any inquiries.